



Improving **our** sport...

A big 'Thank You' from British Gymnastics!

We are delighted with the response from our clubs to the improved membership renewal process.

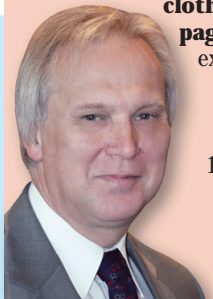
At the time of publication, **renewals are running at more than 50% ahead of last year**, tens of thousands of membership packs are already with members - and more than 85% of clubs are now renewing online.

Next year we have agreed to review the fees and benefits for non-competitive associates and to incentivise further the online renewal process.

We have received calls asking for **clarification on BG insurance** because our members have become aware of the increased levels of litigation and the ever rising cost of settlements. You will note that the legal liability insurance levels have this year been increased to cover up to a maximum of **£15m for any one occurrence**. There is no policy excess. This is the minimum that we can advise as appropriate in current circumstances. Please refer to your **Insurance Benefits for Members** leaflet which can also be downloaded from www.british-gymnastics.org, under 'Membership' and 'Downloads'.

Elsewhere on these pages you will note a number of other initiatives. We believe you will agree that they add value to our membership offer. Please make use of them - they are there for your benefit.

They include: a new **Coaching Library** to help our coaches improve their skills; news on the increasingly popular **BGtv** concept; a special promotional offer on a **new clothing range** designed by Milano; and the launch of a **Personal Profile page** to enable us to share more information. In addition there is a feature explaining the ethos behind the **UKCC Coaching Framework**.



Thanks once again for your support - and if you have any questions or feedback to further improve our service, the number to call is 0845 1297129 ext 2395.

Brian A Stocks, MA
Chief Executive

Your Personal Profile page...



We now provide all members with their own Personal Profile Page, from www.british-gymnastics.org.

Log-in to your own personal section of the membership database by clicking the **'members' link (see above)** using your unique membership number as printed on your Membership card. Keep your contact details up to date, upload a head and shoulders photograph which can be used by for publicity purposes at events etc, and tell us more about yourself and your interests.

If you do not have a password or have forgotten it, please click on the **'members' link (see above)** and **request your password and it will be automatically emailed to you**. Keep your password private, to prevent anyone else accessing your personal details.

Once you are on your own page, you can **view your membership history** by clicking on the 'My BG Membership' link.

Full and Joint members will be able to **renew and pay for your membership online**, and view previous transactions and payments through the 'Account History' page.

If you have competed in an event where the BG Scoring System has been used, you will be able to **view a video of your routine and score**, by clicking on the 'My Competitions' section.

A new reference library for our Coaches...

We are delighted to announce the introduction of a library of coaching materials, available free of charge on our website to current members qualified as Coaches and Judges.

This library has been gathered from a number of published sources and we hope it will **help coaches to build on their knowledge and improve on their coaching skills**. Be aware that some of the techniques and progressions may have evolved between the time of publication and the present day. Coaches should always be guided by the **'golden rule'** that they only coach elements and skills that were contained in the syllabus of their current qualification.

Please use your membership number and password to gain access at www.british-gymnastics.org, and entering the library by clicking the 'Coaching Library' button at the bottom of the page or by clicking on the 'Coaching' menu on the left hand menu. Remember, **only members qualified as Coaches and Judges can access the library**.

If you require any assistance logging in, please contact Member Services:
Email: members@british-gymnastics.org or telephone: 0845 1297129 ext 2395

In the near future, it will be possible to subscribe to this service if you are not a current member and qualified Coach and Judge.

